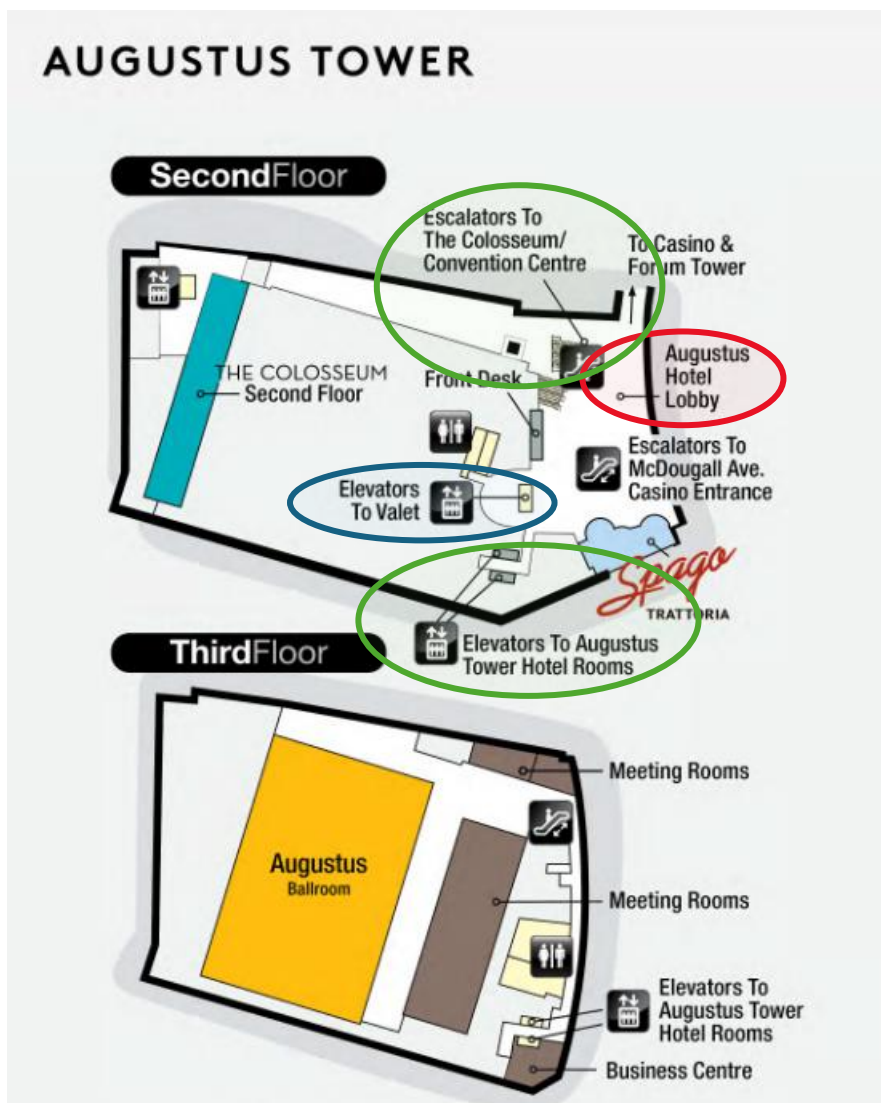


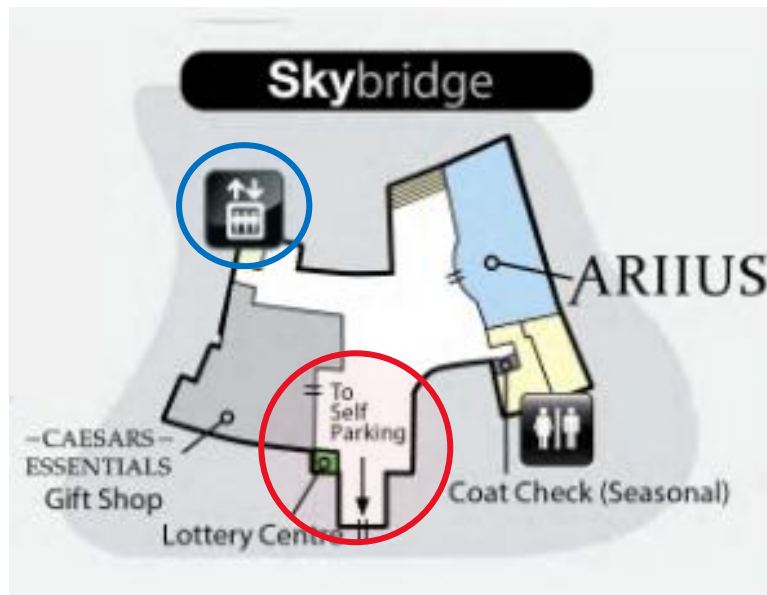
## How to Navigate the Conference

### Navigating the Venue

**The conference venue**, Caesar's Windsor, is located at 377 Riverside Drive East. From this entrance, you can access **the Augustus Tower**. If you are accessing the tower from **valet parking** (at 136 McDougall Street), take the elevator up to the second floor. On the second floor, take the escalator or elevator up to the third floor to access the **conference space**.

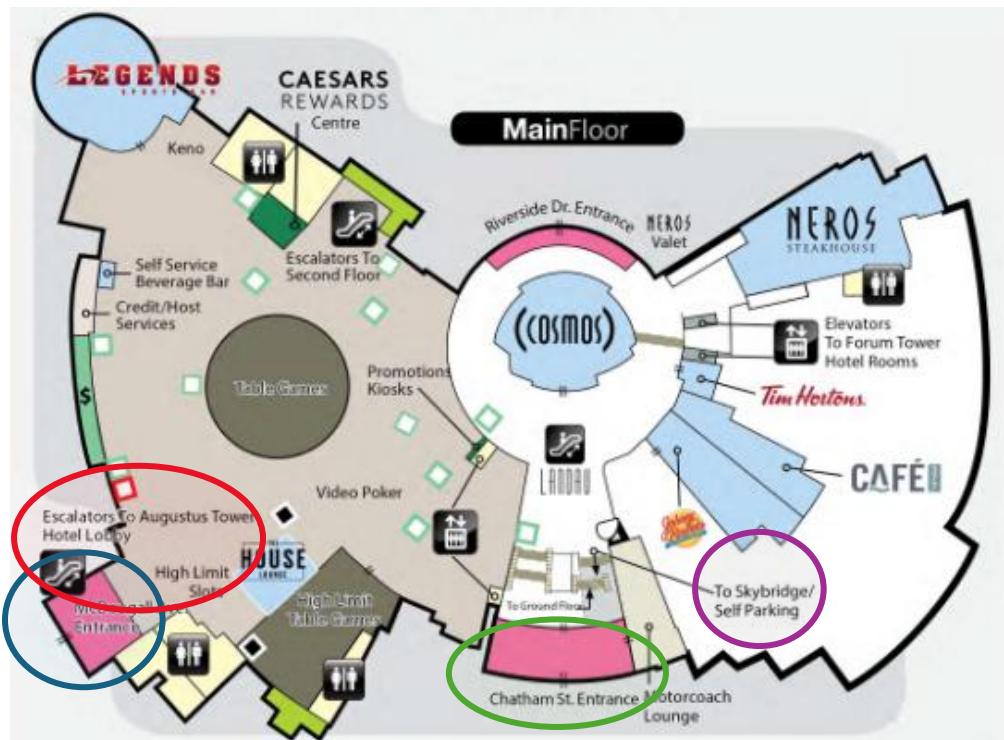


**Self-parking** is available via the parking garage entrance at 257 Glengarry Avenue (free). From **the parking garage**, enter the Skybridge and take the elevator to the 3<sup>rd</sup> floor to access **the casino floor**.

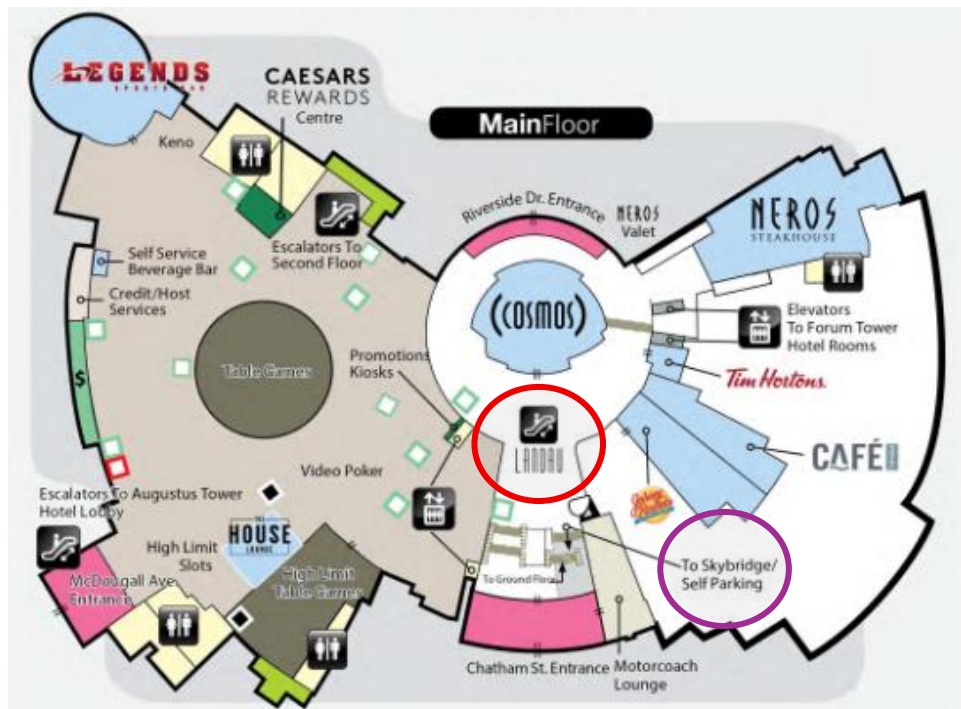


Once you have reached the casino floor, you have two options:

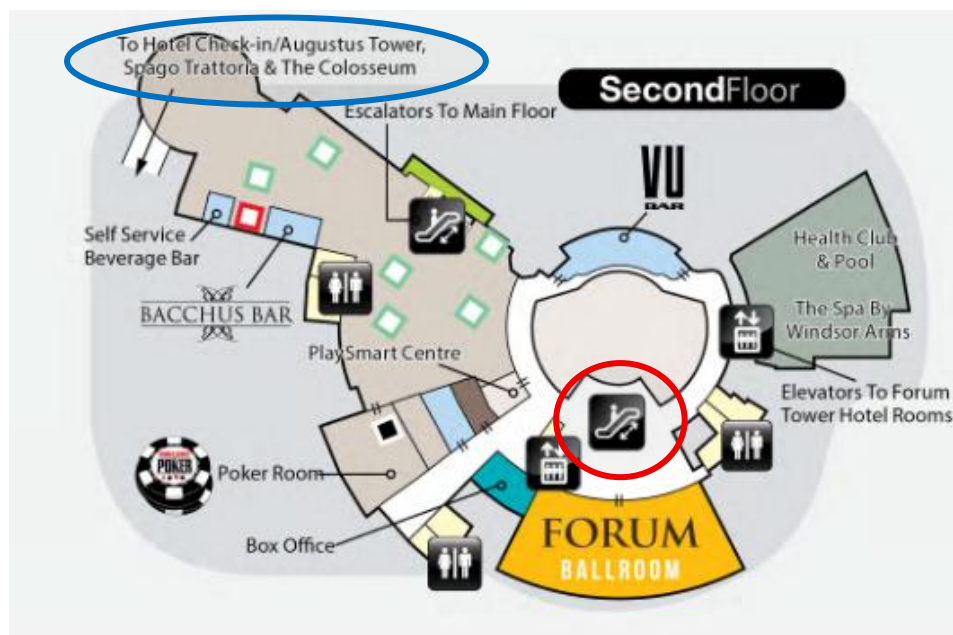
- (1) From the **Skybridge exit**, leave the venue via the **Chatham Street entrance** and walk around to the **McDougall Avenue entrance**. From there, you can take the escalators up to the **Augustus Tower hotel lobby**.



- (2) Navigate the casino floor (must be 19+ for this route). From the **Skybridge exit**, present your ID to the security guard, and take **the escalator** up to the second floor.



From **the escalator**, navigate the second floor until you reach the **Augustus hotel entrance**. Now, follow the remaining instructions on page 1 of this guide to reach the conference floor.



## The Conference Agenda

Below is our conference agenda, which entails the order and timing of events taking place, their locations, and speaker information. Please review this itinerary to ensure you are attending the session(s) that interest(s) you most.

Time	Session Information	Location
8:00 AM	Registration & light breakfast	Lobby
9:00 AM	Good Way Open & Opening Remarks Speakers: [Names, affiliations]	Augustus I and II
9:15 AM	<u>Plenary session</u> Moderator(s): [Name(s), affiliation(s)] [Speaker 1, affiliation]: [Presentation name] [Speaker 2, affiliation]: [Presentation name] [Speaker 3, affiliation]: [Presentation name]	Augustus I and II
10:15 AM	Refreshment/movement break	Lobby
10:30 AM	<u>Rapid fire session</u> Moderator: [Name, affiliation]	Augustus I and II
11:00 AM	<u>Poster session A</u>	Augustus III
12:00 PM	Lunch	Augustus I and II
12:45 PM	<u>Poster session B</u>	Augustus III
2:00 PM	<u>Concurrent session A</u>	
	A-1: [Topic] Moderator: [Name, affiliation]	Saturni
	A-2: [Topic] Moderator: [Name, affiliation]	Luna
	A-3: [Topic] Moderator: [Name, affiliation]	Martis
	A-4: [Topic] Moderator: [Name, affiliation]	Mercuri
3:00 PM	Refreshment/movement break	Lobby
3:15 PM	<u>Concurrent session B</u>	
	B-1: [Topic] Moderator: [Name, affiliation]	Saturni
	B-2: [Topic] Moderator: [Name, affiliation]	Luna
	B-3: [Topic] Moderator: [Name, affiliation]	Martis
	B-4: [Topic] Moderator: [Name, affiliation]	Mercuri
4:15 PM	Awards and closing ceremonies	Augustus I and II

## **Session Definitions and Information**

Registration & light breakfast: Participants check in, grab their name tags, and enjoy a light breakfast while networking and settling in.

Good way open & opening remarks: The conference begins with a land acknowledgment, sage ceremony, and opening remarks to set the tone and purpose for the day.

Lived experience perspective: A featured speaker will share their personal journey and highlight the value of integrating lived experience into research and healthcare improvement.

Plenary session: These presentations are reserved for researchers to showcase and discuss ongoing and completed research. They are longer in length than the concurrent sessions.

Refreshment/movement breaks: Short breaks are provided to recharge with snacks, stretch, and connect with fellow attendees.

Rapid fire session: An opportunity reserved for students and trainees to present current or completed research projects. These presentations are very short. The corresponding posters for these projects can be found in the poster sessions.

Poster sessions: An opportunity for researchers to visually showcase important research via a poster presentation. This session is open to all attendees and allows you to discuss one-on-one with researchers, should you have questions or comments about their individual projects.

Concurrent sessions: These presentations are reserved for researchers to showcase and discuss important ongoing or completed research. They are shorter in length than the plenary sessions. You will choose one concurrent session to attend for each session (i.e., one topic for session A, one topic for session B). Choose the theme/topic area that most interests you! Each session will begin with a brief overview of the importance of lived experience and a L.E.A.R.N. member discussing their lived experience briefly with a Q+A session if deemed appropriate.

Awards and closing ceremonies: The event wraps up with recognition of contributions, key takeaways, and a warm thank-you to all participants.

## The Abstract Program

Our abstract program outlines each research project being presented at the WE-SPARK Health Research Conference. There are 3 main types of abstracts: (1) rapid fire oral presentations, (2) poster sessions, and (3) concurrent sessions.

In our abstract guide...

**Rapid fire oral presentations** are listed first – these are designated by abstract numbers starting with “O”. Rapid fire presentations will be held in Augustus I and II, and posters will be available for view during Poster Sessions A and B (see the abstract guide’s “Poster Session” section and look for poster designated with a flame symbol (🔥)).

**Poster sessions** are listed second – these are designated by abstract numbers starting with “P”. Posters are organized into 4 main research areas:

- Biomedical research looks at how the body works and what causes diseases at the cellular or molecular level. It often happens in labs and helps develop new treatments, medicines, or vaccines.
- Clinical research involves studying people to better understand health and disease. This can include testing new drugs or treatments to see if they are safe and effective.
- Health service research explores how people access healthcare, how much it costs, and how well it works. It aims to improve healthcare systems and make care more efficient and equitable.
- Social, cultural, environmental, and/or population health research looks at how things like income, culture, environment, or where people live affect their health. It often focuses on preventing illness and promoting well-being in communities or groups of people.

Poster sessions will be held in Augustus III, and will be available for view during Poster Sessions A and B. Every other poster will be presented per session. E.g., if Poster P01 is presenting in Poster Session A, their neighbour, Poster P02, will be presenting in Poster Session B.

**Concurrent sessions** are listed last – these are also designated by abstract numbers starting with “O”. Concurrent sessions will be held in Saturni, Luna, Martis, and Mercuri. Posters for these sessions are unavailable, but feel free to speak to the presenters for more information.

**Note:** We suggest perusing the abstract guide ahead of the conference and making a list of posters and presentations that interest you. This will allow you to plan your time accordingly and interact with the researchers conducting the work in which you are most interested.