



# WE-SPARK Knowledge Translation Process & Strategies

Knowledge Translation (KT) is a process of exchange between researchers and “knowledge users” designed to make relevant research information available and accessible to stakeholders for use in learning, practice, planning and policy-making. Building on the work of others, WE-SPARK Health Institute considers four interrelated sets of strategies and activities in the KT process that allow for the exchange of research knowledge.

<b>Building networks and relationships</b>	<b>Building engagement into the research process</b>
<p>Activities that support building our research community:</p> <ul style="list-style-type: none"><li>• Regular meetings with researchers &amp; key stakeholders</li><li>• Formal connections and communications</li><li>• Project-specific briefings of key stakeholders</li><li>• Hosting networking events</li><li>• Hosting Think Tanks</li><li>• Sharing &amp; reporting health research successes</li><li>• Creating a Study Registry</li></ul>	<p>Activities that support engagement:</p> <ul style="list-style-type: none"><li>• Regular consultations on emerging issues</li><li>• Pre-grant focus groups/consultations</li><li>• Stakeholder participation in advisory committees or as research team members</li><li>• Follow-up to identify how research is used</li><li>• Creating tools that support researchers</li></ul>
<b>Enhancing capacity to use research</b>	<b>Communicating findings</b>
<p>Activities that help people understand and apply research:</p> <ul style="list-style-type: none"><li>• WE-SPARK KT toolkit</li><li>• Consultations with key knowledge users</li><li>• Creation of Ask the Expert; Speaker Series, etc</li></ul>	<p>Activities that help us share health research outcomes:</p> <ul style="list-style-type: none"><li>• Distribution of Newsletters</li><li>• Use of WE-SPARK KT tools</li><li>• Sharing of information via social media</li><li>• Evidence-based tools/guidelines</li></ul>

*\*adapted from [Institute for Work and Health](#)*